

Missing Vowels

Fill in the missing vowels in the words below.



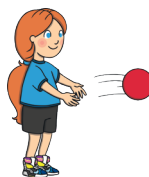
w _ _ l k _ _ n g



b _ _ s k _ _ t b _ _ l l



r _ _ n n _ _ n g



th _ _ w _ _ n g



s k _ _ p p _ _ n g



y _ _ g _ _

Word Search

e x e r c i s e
b z b q p n m s
k l a w d j s t
p p l e p z p r
h t l a e h o e
q k e a e c r t
c y i z y x t c
l n u f f z s h

exercise
sports

ball
walk

health
fun

play
stretch



Be Active



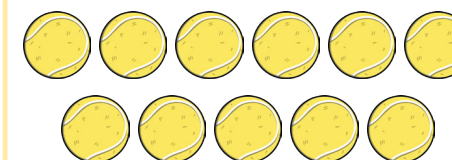
You've got to keep your body active to prepare your mind for greatness! Michelle Obama

Being Active

Draw a picture of yourself engaging in your favourite exercise or physical activity.

Friends of 20

Solve the addition number sentences below by finding how many more are needed.



$$9 + \square = 20$$



$$11 + \square = 20$$







$$6 + \square = 20$$



$$7 + \square = 20$$

I Spy and Count

How many can you find?

How does physical activity make you feel?