

KS1/KS2 Progression Tables

Growing Up Progression Table - Through the **Growing Up** module pupils will be able to...

KS1	LKS2	UKS2
Growing and Changing	Growing and Changing	Growing and Changing
<ul style="list-style-type: none"> Name the main parts of the body including vagina and penis. 	<ul style="list-style-type: none"> Name external genitalia and some reproductive organs including penis, vagina, testicles, womb, umbilical cord, ovaries. 	<ul style="list-style-type: none"> Identify the external genitalia and internal reproductive organs and how the process of puberty relates to human reproduction.
<ul style="list-style-type: none"> Recognising the difference between male and female body parts. 	<ul style="list-style-type: none"> Understand the processes of reproduction and birth as part of the human life cycle – that babies start from an egg and sperm. 	<ul style="list-style-type: none"> Explain the how babies are conceived, born and cared for.
<ul style="list-style-type: none"> Understand the human life cycle and that people grow from young to old. Describe ways that people’s needs, and bodies change as we grow. 	<ul style="list-style-type: none"> Explore physical and emotional changes that happen during puberty. 	<ul style="list-style-type: none"> Identify the physical and emotional changes that happen when approaching/ during puberty. Know some key facts about the menstruation.
<ul style="list-style-type: none"> Talk about some ways to keep clean. 	<ul style="list-style-type: none"> Explain how daily hygiene helps to reduce the spread of infection. 	<ul style="list-style-type: none"> Identify the importance of keeping clean and how to maintain personal hygiene whilst growing and changing.
<ul style="list-style-type: none"> Understand that babies grow in the mothers’ body and have needs when they are born. 	<ul style="list-style-type: none"> Explain how adults care for a baby during and after pregnancy. 	<ul style="list-style-type: none"> Reflect on the responsibilities of being a parent or carer and how having a baby changes someone’s life.
<ul style="list-style-type: none"> Recognise what makes them special and unique. 	<ul style="list-style-type: none"> Recognising that individuality and personal qualities contributes to who we are. 	<ul style="list-style-type: none"> Identify and value personal strengths, skills, achievements and interests.
Privacy, Boundaries, and Consent	Privacy, Boundaries, and Consent	Privacy, Boundaries, and Consent
<ul style="list-style-type: none"> Understand that some parts of the body are private. 	<ul style="list-style-type: none"> Explain what privacy and personal boundaries are. 	<ul style="list-style-type: none"> Understand what consent means and how to seek and give/ not give permission in different situations.
<ul style="list-style-type: none"> To identify different types of touch and how they make people feel. 	<ul style="list-style-type: none"> Recognise uncomfortable/ comfortable behaviour online/ offline. 	<ul style="list-style-type: none"> Analyse when behaviour including physical touch is acceptable, unacceptable, wanted, or unwanted in different situations.
<ul style="list-style-type: none"> Understand the difference between happy surprises and secrets that make them feel uncomfortable or worried and how to get help. 	<ul style="list-style-type: none"> Know when it is right to break or keep a confidence or share a secret. Know how to ask for help. 	<ul style="list-style-type: none"> Respond appropriately if someone asks you to keep a secret that makes you feel uncomfortable, identify who to ask for help.

