



PE Policy

2024-25

Document Control

The owner of this policy is the Headteacher and Governors and all changes should be referred to the Headteacher in the first instance. Any printed copies of this document are for reference only and the definitive version is held electronically by the School Office.

Revision History

Version	Date	Changes	Author(s)

Approval

Version	Date	Approver(s)	Author(s)

Review Period

This policy will be reviewed every XX years.

Version	Date of next review

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Intent

Youlgrave All Saints' C of E Primary recognises the importance of PE and sport for children and young people and the many and varied benefits it can offer.

Our aim at Youlgrave All Saints' C of E Primary School is for all children to participate in and enjoy physical education, enabling them to fulfil their potential, develop positive attitudes, increase confidence and improve their health and well-being through life-long participation in physical activity. We strive to create a culture – rather than just a curriculum. Physical activity is embedded across school life - not just as a part of PE lessons, but in playtimes, before and after school provision and across the school curriculum.

Our children have many opportunities to learn new skills and games and to take part in festivals and competitive sports, whilst also working towards setting personal challenges for themselves to be the best that they can be. The children learn about sportspersonship, sporting values and about diversity and progress in sport. We want them to take pride in their own and others' achievements and encourage them to be self-motivated, resilient, determined, responsible, respectful, kind and able to use their own initiative. If we can engage and inspire learners and establish positive attitudes and behaviours from the very start of their journey with us, we increase the chances of our children having healthy and active lifestyles as they progress to secondary school and into adulthood.

Implementation

Youlgrave All Saints' C of E Primary School employs a specialist PE teacher to deliver the Physical Education curriculum, providing a wide range of opportunities during school lessons, through extra-curricular activities and also within the wider community. PE is taught in half-termly blocks and planned over a two-year cycle to ensure progression of knowledge and skills, and acquisition of key vocabulary. It is taught to each class for two hours each week and is accessible to all children. After-school sports clubs are held for each class and offer a wide range of activities. It is our aim for every child to have access to at least one extra-curricular or physically active out of school club without barriers, including cost.

Active play is encouraged during break and lunchtime led by Change 4 Life ambassadors and pupils participate in daily activity breaks during lesson time, as well as the 'Mile a Day' challenge and a variety of short physical, mindfulness and well-being exercises, otherwise known as 'Go Noodle!'

As part of the Rural Derbyshire School Sport Partnership and the Bakewell schools' cluster's sporting calendar, there are opportunities to experience a wide range of festivals and competitions including mini soccer, football, cross country, tag rugby, dodgeball, athletics, cricket, dance, tennis, hockey and High 5 netball. This schedule of events enables every child to have the opportunity to be part of a team and represent their school in at least one competitive sport, by the time they leave school.

Through weekly swimming lessons, children will also have the opportunity to leave school as confident swimmers who can swim 25 metres independently and use self-rescue skills in the water.

Impact

All children will be taught the skills and given the opportunities to allow them to improve and to achieve their personal best. As a direct impact of physical activity and positive PE experiences children will develop a love of physical activity and sport and will be better able to engage with learning in the classroom. They will understand how to lead a healthy lifestyle and will begin to develop life-long healthy habits. Children will understand the importance of playing fairly and demonstrating sportspersonship, including being respectful and humble winners and gracious losers. Children will leave Youlgrave All Saints' C of E Primary as confident swimmers who can swim 25 metres independently and use self-rescue skills in the water.

The following will support and enable the above:

Inclusion

- Inclusion is all about inspiring and challenging ALL learners and preparing them for the future. Learning is personalised to the children's own strengths and weaknesses, with goals and challenges set to build confidence, break down barriers and overcome difficulties.
- All children have equal and full access to the PE curriculum, regardless of gender, race, or additional needs. Where an activity needs to be adapted in order to allow access for or meet the needs of a particular child or group, school will endeavour to make additional supporting adults available, enabling children to participate either alongside their peers or on a 1:1 basis. This also includes access to extra-curricular activities.
- Children have the opportunity to engage in two hours of quality PE curriculum time each week.
- Lessons will be suitably challenging, providing good quality experiences for all pupils, ensuring they are adapted accordingly and with integrity, to meet their needs.
- All children will be given the opportunity to participate in competitive experiences.
- Spare PE kit is available for any child who does not have their own in school or comes inappropriately dressed for PE sessions.
- More able pupils will receive appropriate teaching from the PE specialist (including Gifted & Talented children) and parents/carers will be signposted to external links and appropriate clubs etc.

Assessment and Progression

- Live feedback and formative assessment by the teacher (including through observation, questioning, discussion, modelling and verbal feedback throughout the lesson) plays an important part in all lessons.
- Assessment is carried out by the PE teacher in the course of the normal class activity. Gaps in pupil knowledge or skills are identified and planning (both short and long term) is adjusted accordingly.
- Recording devices such as iPads are regularly used by adults or children to film or photograph parts of the lesson. These clips can then be referred to, to provide feedback and celebrate success or progress.
- Age-appropriate peer assessment and feedback and self-assessment against set criteria, is also used
- Swimming outcomes for Year 6 are reported through The Sports Premium. At the end of the year, children who attend swimming lessons receive a short, written report from the PE lead acknowledging their achievement and progress made.
- Physical development levels and progress are reported to the EYFS teacher for each child.
- Levels of attainment for some units of work are recorded on skills grids for KS1 and KS2 pupils.
- Physical Education / physical development is reported and shared with parents and carers as part of the end of year reports.

Cross-Curricular Links

- English Links include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, language development and meaning, and movement within drama.
- Maths Links include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time.
- ICT links include: Children use capturing and recording equipment (I-pads) for evaluation/ development of skills. Videos of professional/skilled athletes are also used to help develop good technique.
- PSHE links include: following rules, living healthily, co-operating with others and understanding fairness and equality. Through sport children are taught the values of consideration, challenge, celebration and resilience. Mental health and well-being is an integral part of our PE curriculum.

Together we learn and grow.

- Topic links: Topic work is often linked through dance; for example, dance enhances the unit of work on Mountains & Rivers (Y3/4) and The Circus (Rec/Y1&2)

Monitoring and Evaluation

- The PE lead will oversee the continuity and progression of short and medium- term plans.
- The PE lead attends regular meetings of The School Council to ensure that Pupil Voice is part of the planning, decision-making and evaluation of the physical education curriculum and opportunities it provides.

Safe Practice

- Adults and children check working areas and surfaces for potential dangers and ensure areas are safe before engaging in physical activity or sport.
- Resources and equipment are checked regularly by the PE Coordinator and support staff to ensure they are in good condition and safe to use.
- An external health and safety inspection of all large PE equipment is carried out on a yearly basis by Derbyshire County Council
- Children are taught how to assess risks and reminded to lift, move, carry and place equipment safely
- The teacher and any accompanying adults are positioned effectively when teaching, to maximise observation of the group.
- Children and staff are dressed appropriately, with no jewellery and long hair tied back. If earrings cannot be taken out, they are taped over.
- Staff have access to emergency first aid kits in all lessons, to ensure any accidents during PE lessons or extra-curricular activities can be dealt with effectively and efficiently.
- All staff are aware of the individual health needs of specific children. Inhalers for pupils suffering from asthma are made readily accessible. Children with diabetes are monitored closely throughout and after PE lessons by staff
- Where external competitions or festivals take place, a first-aider will always be present. The school phone will be taken to give appropriate adults access to parent/carers' contact details, in case of emergency.

Together we learn and grow.

- Risk assessments for sporting events are carried out by the PE lead, in collaboration with the class teacher whose class are in attendance and are overseen by the Headteacher.
- A separate risk assessment and guidance documentation is in place for school swimming arrangements.

Dress Code

- All children are expected to attend school wearing their Youlgrave All Saints' PE kit on the day of their class PE lesson.
- This comprises of: - Burgundy P.E shorts
Burgundy jogging bottoms and fleece (for colder weather)
White t-shirt (with logo)
Trainers for P.E
Black pumps for indoor PE (optional)
- Whole-class participation and engagement in PE lessons is encouraged. If a child is unable to physically participate in a lesson (e.g. due to injury), they will be offered alternative roles and responsibilities (e.g.-the role of coach, photographer, news reporter, performance analyst, etc.)

Extra- Curricular Opportunities

- Age-appropriate extra-curricular activities are offered to all children and advertised prior to the start of each new term.
- Over the course of the year, clubs offer both traditional sports (e.g. football, netball, cricket, gymnastics, etc.) along with less traditional physical activities (e.g. cheerleading, orienteering, archery, circus skills, frisbee, yoga etc.)
- Where possible, school will subsidise certain pupils attending clubs using of the Sports Premium Funding and/or the Pupil Premium Grant.
- External specialists are also invited into school, depending on funding available.

Active Breaks and Lunchtime

- Sports Leaders help to support the organisation of activities during break and lunchtimes, encouraging all children to be active.
- The playground is divided into 'zones' to facilitate a variety of physical activities.

- Large equipment boxes provide opportunities for individual, small group and team play.

Competitions, Festivals and Club Links

- All children are given the opportunity to participate and experience competitions and represent school.
- Affiliation with the Rural Derbyshire School Sport Partnership and Extra-Time Coaching, ensures that children are all given regular opportunities to participate in inter-school competitive activities and sports festivals.
- Intra-house competitions are organised each term by the PE lead and a trophy is awarded.
- A yearly sports day includes both competitive and non- competitive activities, where all children have the opportunity to represent their 'House' team
- Participation and success in competitions and festivals is celebrated through whole-school Collective Worship, the school newsletter and website, and the PE display board in school.
- The Youth Sport Trust's School Games Mark acknowledged school as a Gold Award school (July 2022-2023, 2023-2024).
- School has strong links with Bakewell Town Football Club as well as Youlgrave Cricket Club and Youlgrave Bowling Club. Outside clubs are advertised through the school website and Parent Hub.

Facilities, Equipment and Resources

- Lessons take place in three locations, depending on the weather and the unit of work being taught: the playground, Youlgrave's Playing Field and Youlgrave Village Hall.
- Swimming provision is undertaken at Bakewell Swimming Pool.
- A wide variety of equipment enables pupils to achieve objectives which are best suited for their age and stage. Separate play boxes are resourced for active playtimes and lunchtimes.
- Large and small equipment is stored in two outdoor sheds.
- Gymnastics apparatus and mats are stored in the large shed & moved temporarily to the village hall, when the unit of work is taught.
- An orienteering course at the playing field is used to teach Outdoor Adventure Activities (OAA)

Together we learn and grow.

- A noticeboard promoting PE, School Sport & Physical Activity is displayed in the dining hall
- The P.E. lead is responsible for ordering/ maintaining equipment, in consultation with play leaders and The School Council (pupil voice).

Primary PE and Sports Premium

- The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated termly and reviewed by Governors. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds

Leadership and Management

- School employs a specialist PE teacher who regularly liaises with the Headteacher and the Governor responsible for monitoring PE and School Sport. This also includes lesson observations by the PE governor.
- The subject leader will attend CPD courses, workshops etc to maintain good practice and stay up to date with current initiatives.
- The subject leader will oversee the continuity and progression through annual and medium- term plans and report back to class teachers.
- The subject leader will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school (in order to enhance learning) and direct teachers and staff working with children, to examples of good practice.