



PSHE Policy

2024-25

Document Control

The owner of this policy is the Headteacher and Governors and all changes should be referred to the Headteacher in the first instance. Any printed copies of this document are for reference only and the definitive version is held electronically by the School Office.

Revision History

Version	Date	Changes	Author(s)

Approval

Version	Date	Approver(s)	Author(s)

Review Period

This policy will be reviewed every XX years.

Version	Date of next review

PSHE Policy

At Youlgrave, All Saints' CE Primary School, personal, social, health and economic (PSHE) education is an embedded part of our broad and balanced curriculum. Pupils' spiritual, moral, social and cultural (SMSC) development is at the heart of our school. This policy reflects Youlgrave, All Saints' CE Primary School's overarching aims and objectives in supporting our children to become healthy and responsible members of society, as well as preparing them for life and work in modern Britain.

PSHE is planned through our scheme of work 'PSHE Matters' published by Derbyshire County Council. Relationships Education is of equal importance; it is defined as 'fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.' The skills covered throughout the progressive PSHE Matters curriculum are not just taught in isolation, but across the school day in incidental opportunities to support children, in Collective Worship, school clubs, circle time, School Council, visits and trips, community and school events, break times and within other lessons.

Throughout our PSHE curriculum (planned and integrated within the school day) we actively promote British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs to prepare our pupils for life in modern day Britain. Pupils learn about similarities and differences between people and cultures and our citizenship lessons enable our pupils to understand the British democratic process, including how to affect peaceful changes in society.

RSE is also an important part of our balanced curriculum. We incorporate RSE within the PSHE curriculum and use the FPA resource Yasmin and Tom to supplement our PSHE resources. We offer parents an annual RSE questionnaire to gauge their views and report back with their replies. In addition, we also offer a meeting for Year 6 parents to discuss the content of Y6 Sex Education lessons.

Implementation- Planning

The aim of our PSHE curriculum, 'PSHE Matters', is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. PSHE helps our children to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Children are encouraged to develop a balanced approach to life and learning, working to eliminate any barriers to learning.

The PSHE curriculum at Youlgrave, All Saints' CE Primary School enables the children to explore their own needs, beliefs and values and appreciate differences in others. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. We seek to inspire in

our children high levels of self-belief and self-esteem, encouraging positive achievement in both academic and non-academic outcomes. Our curriculum seeks to promote the children's interest in becoming positive and active members of society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Our PSHE programme is an integral part of our whole school PSHE education provision and is designed to meet the unique needs of pupils, not only through the PSHE Matters Scheme of Work, but through our wider curriculum. At Youlgrave, All Saints' CE Primary School, our PSHE programme of learning and wider curriculum will enable children to meet the End of Key Stage Statements as set out in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance 2019.

Teaching and Learning

PSHE is taught in class groups in regular weekly sessions throughout the year, so that children can revisit and build on their learning. This structure allows children to develop a depth of understanding as well as enabling them to retain the knowledge through consolidation and progression. At Youlgrave, All Saints' CE Primary School, we use the PSHE Matters scheme of work. This covers a broad range of topics:

Year A

Being Healthy
Relationships *
Exploring Emotions
Difference and Diversity
Bullying Matters
Being responsible

Year B

Drug Education
Growing up *
Changes
Being Me *
Money Matters
Being Safe

*denotes where RSE themes are taught

These topics are taught over a 2-year cycle. The subject lead and class teachers work together to identify the key knowledge and skills of each topic, enabling progression throughout each class across the school. The content of each topic is considered in the long-term planning ensuring that the topics support the whole-school long term curriculum plan. At the beginning of each topic, children are able to convey what they know already as well as what they would like to find out. This informs the programme of study and also ensures that lessons are personalised and take account of children's different starting

points. Consideration is given to the accommodation of our greater depth learners as well as to the support pupils may need to access the programme of study. Our local area is utilised fully to achieve personalised outcomes, with opportunities for outside learning embedded in practice.

PSHE is taught discreetly across the school. There are also opportunities to link PSHE objectives to our class projects throughout the year.

Due to our ever-expanding wider provision of PSHE, along with our broad and balanced curriculum, there are overlaps with other subjects, for example Computing (E-safety), Science (recycling) and PE (leading healthy active lives). Therefore, flexibility in the timetable needs to be accounted for as objectives for PSHE education will be met outside of the allocated timetable slot. Flexibility in the timetable is also important to allow us to respond to school level, local, national or global events that may occur, responding in an age-appropriate way.

Assessment and recording

PSHE work is completed by the children to evidence their key learning in each topic, comparative to their starting points. This allows class teachers to assess any need for revisiting learning for individual children and ensures sticky knowledge. Assessment for Learning is embedded in practice, with both staff and children continually reflecting on their learning, allowing for support and extension in both knowledge and skills.

Impact

Through the PSHE Matters curriculum, we enhance children's education and help them to become caring, respectful, responsible and confident individuals and citizens. Children will have the knowledge of how to develop their self-esteem and self-awareness and make informed choices and decisions. They will be able to make sense of their own personal and social experiences and will be able to understand and manage their own feelings.

Subject Leadership and Staff Training

PSHE has a Co-ordinator that will regularly monitor the subject and attend CPD. The PSHE Coordinator will ensure there is appropriate training for all teaching staff and TA's. For any sensitive subjects within RSE that are planned to be delivered, parents will be informed prior to the lesson.

Safeguarding

At Youlgrave, All Saints' CE Primary School we understand that by nature certain subjects may carry an increased risk of pupil disclosure, in cases where there is a safeguarding risk, school safeguarding policy in relation to Keeping Children Safe in Education 2021 will be followed. All external contributors will be informed of our safeguarding policy prior to working with the children. We also recognise there may be disclosures that aren't safeguarding issues, but opportunities to support the child. If this occurs staff may refer to or suggest appropriate local or national support services or information for pupils and/or their families. If a question raises potential safeguarding concerns, staff should respond in a

way that will allow them time to seek advice from the Safeguarding Lead or Deputy Safeguarding Lead.

Equality, Diversity and Inclusion

We aim to ensure that no pupil experiences harassment, less favourable treatment or discrimination within the learning environment because of their age; any disability they may have; their ethnicity, colour or national origin; their gender; their religion or beliefs. We value the diversity of individuals within our school and do not discriminate against children because of 'differences'. We believe that all our children matter, and we value their families too.

Links to Other School Policies

This Policy compliments the following policies:

- Child protection/safeguarding
- Extremism
- Anti-Bullying
- Relationships and sex education
- Online safety
- Drug education
- Attendance
- Behaviour