

# KS1/KS2 Progression Tables

**Changes Progression Table** - Through the module **Changes** pupils will be able to

| KS1  | LKS2  | UKS2  |
|--|---|---|
| <b>About Loss and Change</b>   | <b>About Loss and Change</b>  | <b>About Loss and Change</b>  |
| <ul style="list-style-type: none"> <li>Identify examples of loss and change.</li> </ul>  | <ul style="list-style-type: none"> <li>Recognise that loss/change are a normal part of life.</li> </ul>   | <ul style="list-style-type: none"> <li>Explore that loss, bereavement and change are part of the human life cycle.</li> </ul>   |
| <ul style="list-style-type: none"> <li>Begin to recognise that loss and change can affect the way we think, feel, and behave.</li> </ul> | <ul style="list-style-type: none"> <li>Describe how change and loss, can affect feelings, thoughts, and behaviours.</li> </ul>                        | <ul style="list-style-type: none"> <li>Understand that change and loss, including death can create feelings and behaviours that are not the same for everyone.</li> </ul> |
| <ul style="list-style-type: none"> <li>Understand that changes can produce big feelings.</li> </ul>                                      | <ul style="list-style-type: none"> <li>Recognise that feelings associated with loss/change can change over time and range in intensity.</li> </ul>    | <ul style="list-style-type: none"> <li>Recognise that internal conflicting emotions can be normal when dealing with loss and change.</li> </ul>                           |
| <b>Managing Loss and Change</b>  | <b>Managing Loss and Change</b>   | <b>Managing Loss and Change</b>   |
| <ul style="list-style-type: none"> <li>Identify feelings associated with loss and change.</li> </ul>                                     | <ul style="list-style-type: none"> <li>Use a varied vocabulary when talking about feelings associated with loss and change.</li> </ul>                | <ul style="list-style-type: none"> <li>Describe a range of emotions and intensities associated with loss and change.</li> </ul>   |
| <ul style="list-style-type: none"> <li>Recognise some simple ways to prepare for change/ transition.</li> </ul>                          | <ul style="list-style-type: none"> <li>Identify self-help strategies and the importance of support when preparing for change/ transitions.</li> </ul> | <ul style="list-style-type: none"> <li>Identify problem solving strategies to manage transitions between classes and key stages.</li> </ul>                               |
| <ul style="list-style-type: none"> <li>Identifying different things that may help to manage big feelings.</li> </ul>                     | <ul style="list-style-type: none"> <li>Describe everyday things that affect feelings and understand the importance of expressing feelings.</li> </ul> | <ul style="list-style-type: none"> <li>Identify strategies to respond to feelings, including intense or conflicting feelings.</li> </ul>                                  |
| <ul style="list-style-type: none"> <li>Talk about some ways to help others when they are affected by change.</li> </ul>                  | <ul style="list-style-type: none"> <li>Develop some ways of responding to others and showing support if they are affected by loss/change.</li> </ul>  | <ul style="list-style-type: none"> <li>Recognising the signs when someone may be struggling and understand how to seek support.</li> </ul>                                |
| <ul style="list-style-type: none"> <li>Know that it is important to talk to someone if you are worried.</li> </ul>                       | <ul style="list-style-type: none"> <li>Know why it is important to talk about our feelings and not bottle them up.</li> </ul>                         | <ul style="list-style-type: none"> <li>Explore some barriers to asking for help and some ways to address them.</li> </ul>   |
| <ul style="list-style-type: none"> <li>Identify people who can help us if we feel worried/unhappy.</li> </ul>                            | <ul style="list-style-type: none"> <li>Know who to talk to if you are worried or have strong feelings.</li> </ul>                                     | <ul style="list-style-type: none"> <li>Know who to talk to and where to go for help.</li> </ul>   |

