



Behaviour Support Service

Incorporating Positive Play and Nurture


Be Kind, Be Curious, Be Connected...


Be
Active




Connect



Give 

Valentine's Day on 14th February is the perfect opportunity to show loved ones how you feel about them. Why not send family and friends a '**Hug in a Card**'? If you are feeling creative there are some great ideas online. 

 **Keep Learning**

NEW Law & Guidance Online Training

Look out for the Behaviour Support Service's upcoming training events on S4S!

The Law & Guidance online training is a 2-hour course that explains the law and DCC guidance around the use of force and restrictive interventions in school settings. It helps staff working in schools to apply the principles of safe practice to their everyday roles. Ultimately the aim of the training is to reduce the use of physical interventions in schools and to keep everyone safe.

There are currently three dates available for the training and spaces are filling up fast! Please look on the S4S website for more details!

Amazing Outdoor Spaces

Have the current working practices changed how you use your outside space? Your school grounds are a great asset in the education and wellbeing of your whole school community. Our playgrounds and fields are a vital resource for learning and offer unique opportunities to deliver and enhance all areas of the curriculum, formal and informal, all year round. They provide different opportunities and experiences and support all styles of learning. Many pupils who struggle inside the classroom flourish outside of it, and outdoor learning can help to raise attainment. School grounds are also a place of play – the foremost way in which children engage and learn about the world around them. With the impact of Covid on our children and staff, the opportunities to socialise, be active and engage with nature have never been more important.

Research by Learning Through Landscapes (www.ltl.org.uk) found that in schools who had improved the use of their outdoor spaces:

- 85% of teachers said it resulted in more creative learning and environmental awareness
- 85% said that healthy active play had increased
- 65% observed improved attitudes to learning
- 73% said behaviour had improved
- 84% reported improved social interaction

It is very easy to reach for the 'thing', the play item or shiny catalogue seating system. However, it's perhaps better to consider what experiences your learners need. For example, do you want physical challenge such as running, jumping and balancing? Should you develop spaces to encourage contact with nature, calmness, and social interactions? Maybe you would like your children to learn how to manage risk – and the emotions which go with everyday physical, emotional and social risk-taking? What small steps could you make to improve how you utilise your outdoor space?

During these difficult and challenging times, it is important more than ever to **CONNECT** with one another. Feeling connected is great for our mental health and wellbeing.

Have you been inspired by our BSS Bulletins? Is there something you are proud of? Have you overcome a challenge? If you have, please **CONNECT** with us and let us know.

We are inspired by the BSS Bulletins too! With the support of her friends and family, Caroline Jones from BSS has completed over 100 miles in the January RED Challenge. Well done Caroline!



Take
Notice



'If every 8-year-old is taught meditation, we will eliminate violence from the world within one generation'
- Dalai Lama

'30 Days of Mindfulness in the Classroom' is a free resource containing resources and lesson plans to help you to bring mindfulness to your classroom with ease.
www.calm.com/schools/resources